EndoAxis

Formula 22

MALE

Formulated to regulate hormone activity in the body, reducing the influence of stress on the tissues, while focusing on androgen activity and response.

AT A GLANCE

Supporting a healthy stress profile, balanced blood sugars, and general inflammation is imperative in cases where there is an inflammatory source of hormone imbalance.

When these factors are out of balance, they can lead to an overproduction and an over-aromatization of sex hormones in men. This formula is a blend of nutrients and herbs formulated to balance blood sugar, reduce the aromatization of testosterone into estrogen, and enhance estrogen detox pathways to reduce total estrogen burden.

Meet Enhance

With a focus on optimizing testosterone function, these formulations encourage the enhancement of male hormone potential.

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KEY BENEFITS

May reduce symptoms of estrogen dominance in men

May aid in the inhibition of the aromatase enzyme and reduce estrogen synthesis

Supports healthy blood sugar levels, which could otherwise lead to hormonal imbalance

FORMULA ANALYSIS

Chrysin
Chrysin is a flavonoid commonly extracted from passionflower but is present in several common botanicals. It is found in high concentrations in honey and propolis. Chrysin inhibits the aromatase enzyme, the enzyme that converts testosterone into estrogen [1]. Through this mechanism, chrysin supports a healthy testosterone-to-estrogen balance without directly stimulating additional testosterone synthesis.

Turnera diffusa
T. diffusa, or damiana, has a long history of use as an aphrodisiac in both men and women. Multiple constituents found in damiana have demonstrated significant suppression of aromatase activity. One flavonoid in damiana, acacetin, is structurally similar to chrysin, another known aromatase inhibitor [3].

Berberine
Unbalanced blood sugars can result in an over-production and an over-aromatization of sex hormones. Maintaining healthy glucose levels can aid in a healthier balance of sex hormones and reduce hormone imbalances that are inflammatory in nature. Berberine supports healthy blood glucose levels through multiple mechanisms. It has shown efficacy as an a-glucosidase inhibitor. This inhibition can aid in slowing the digestion of carbohydrates and intestinal absorption of glucose to avoid sugar spikes after carb-heavy meals. Berberine also inhibits hepatic gluconeogenesis, or the formation of glucose[4].

Urtica dioica
Urtica dioica, or Stinging nettle, is a commonly used herb for liver support and its gentle detoxification properties. In addition to aiding the liver in its detox of excess hormone metabolites, nettle has demonstrated an inhibition of 5a-reductase, an enzyme that typically promotes more androgenic forms of testosterone[5]. 5a-reductase activity can upregulate in cases of inflammatory hormone imbalance or insulin elevations, leading to prostate issues and symptoms of androgen dominance.

Chromium
Chromium is a trace mineral that is essential for carbohydrate and lipid metabolism. Chromium deficiency has been associated with insulin resistance and diabetes, while chromium supplementation has conversely shown improvements in insulin sensitivity. Chromium may support better glycemic control, which may improve hormonal imbalances stemming from inflammation and blood sugar imbalance [6].

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving		% Daily Value
Selenium (as L-Selenomethionine)	0.125 mcg	< 1%
Chromium (as chromium polynicotinate)	2.5 mcg	7%
Chrysin (from *Oroxylum indicum* seed extract)	150 mg	†
Berberine Hydrochloride (from Indian Barberry) (*Berberis aristata*) (bark) powder	85.36 mg	†
Epimedium (*Epimedium sagittatum*) (aerial parts) extract	50 mg	†
Beta-sitosterol (as soy phytosterol complex)	20 mg	†
Stinging Nettle (*Urtica dioica. L*) (root) extract 10:1	15 mg	†
Lycopene	5 mg	†
Grape (*Vitis vinifera*) (seed) extract 4:1	5 mg	†
Damiana (*Turnera diffusa var. aphrodisiaca*) (leaf) extract 10:1	5 mg	†

† Daily Value not established

Other ingredients: Vegetable capsule (hypromellose), microcrystelline cellulose, magnesium stearate and silicon dioxide.

SUGGESTED USE

Take 1 capsule 2 times a day with a meal or as directed by your healthcare practitioner.

CAUTION: Do not use if pregnant or nursing. Consult your physician before use if you have a medical condition, or taking any medication. Do not use product if the safety seal is broken or damaged. Keep out of reach of children.

MADE WITHOUT

Corn, soy, or wheat.

***These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.**

REFERENCES

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